



## Dave Crenshaw Bio

As a highly sought-after author, speaker, and online trainer, Dave Crenshaw is a master of building productive leaders.

The irony of Dave's productive mission is his inherently chaotic and unfocused nature. He was clinically diagnosed as "off-the-charts" ADHD yet took this analysis as a personal challenge to develop simple systems to be organized and productive despite himself. Now, hundreds of thousands of high-performing people around the world utilize Dave's training to improve focus, productivity, and profitability.

Dave has over two decades of experience training leaders in Fortune 500 companies, universities, and organizations of every size. His humorous and engaging approach always hits the mark with audiences. His speeches are described as dynamic and life-changing. He also frequently appears in the news worldwide, including TIME magazine, FastCompany, USA Today and the BBC News. However, Dave is most proud of being cited by Chuck Norris in *The Official Chuck Norris Fact Book*.

Dave's first book, *The Myth of Multitasking: How "Doing It All" Gets Nothing Done*, is a time management bestseller available in many languages worldwide, including Korean, Italian, and German. Dave's courses on LinkedIn Learning (formerly lynda.com) such as *Time Management Fundamentals* and *Improving Your Focus* and have received over fifteen million views.

He is the founder and CEO of Invaluable Inc., a coaching and training corporation that promotes productive leadership on both the personal and organizational level.